

**SEMAIHMUO HOUSE SOCIETY
RECREATION & LEISURE SERVICES**

Issue #18 Sept-Dec 2010



Online Registration for all
Fall 2010 classes/clubs/trips is...
Tuesday, August 31st at 9:30 a.m.

REGISTRATION IS ON A FIRST-COME, FIRST-SERVE BASIS!

www.semi-house-society.com

For more specific information on how to register, please read our 'Frequently Asked Questions' on pages 6 & 7.

*** All programs except Friday Night Flix require registration!**

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V4A2J1

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www.semi-house-society.com



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Recreation & Leisure Services provides both out of school care and recreation and leisure opportunities to individuals with developmental disabilities. This program offers activities that are modified & diverse in order to ensure maximum participation.



What's been hot in Rec & Leisure this summer?

In June, our Rec Rockers performed at the 3rd Annual Walk for ALS at Bear Creek Park. Each band member should be proud of their contribution to such a wonderful event.

The summer began with our 3rd trip to Camp Elphinstone. With our largest group yet, participants and staff enjoyed a week of outdoor activities, team building, friendships, huge accomplishments and an amazing feeling of encouragement, excitement and caring for one another.

Both our SummerDAZE and Awesome Adapted Camps filled up quickly this summer. We've had 3 absolutely amazing summer students this year: Halee Dams, Michelle Shalinsky and Teresita Aristizabal have coordinated and structured every day of every week, lending hand to the success of the programs. Among some of our Awesome Adapted Camps have been Musical Theatre, Rec Rockers Band, Sportstars, Local Leisure DAZE, Scrapbooking and Semi Pro Golfing camps... all of which have been a huge success and participants enjoyed their time in hobby interest based camps.

We'd like to commend the many volunteers from SHS and the Rec Rockers Band for earning a 1st Place Ribbon for Best Musical Entry for their amazing talent and beautiful float that was entered into the Sea Fest Parade on the August long-weekend!!!

On August 16, 30 Reckers are off to Cultus Lake for 3 nights and 4 days of fun and exciting times. We're looking forward to swimming at the lake, the water slides, mini-golf, hiking and chilling out! Look for pictures and stories in our Winter/Spring issue!



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News & Photos

Page #3

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3rd Annual Camp Elphinstone Trip
41 people = Great times



Winter Extravaganza #3... We began our spring 2010 semester with the most successful Extravaganza yet. Our Rec Rockers, African Dancers, Musical Theatre and Semi Famous Players engaged audiences 2 nights in a row with a lot of laughter, tears and absolute amazement for the talent and hard work that went into each performance. Great job everyone!!!



Welcome back! We hope you enjoyed the sunshine this summer!

We are pleased to announce that after receiving several program survey responses, we have modified and adapted several of our programs to meet the needs of the participants and their families.

So what was requested??? More physical activity was top on the list and we have responded. First, our formerly known 'Creative Cookery' class will now be called 'Rec & Fit.' This program will teach and guide participants towards a healthier lifestyle both in the kitchen and by moving and shaking in a variety of physical activities in the building and in the community such as yoga, swimming, hiking, soccer, weights, dance and pilates.

In all other applicable programs such as ASK, Girl Power, Boys' Night Out, Kidz Club and both ANO #1 and ANO #2, we will be increasing the amount of physical activity as well as discussing its importance.

The opportunity for participants to socialize was acknowledged as highly important by a majority of families. Rec & Leisure's primary focus is for the participants to have fun, make friends and learn new and exciting things. Social skills such as starting and/or maintaining conversations, eye contact, age-appropriate topics, personal space, non-verbal communication are being facilitated and encouraged through both small and/or large group activities and through teachable moments. If you are a parent/caregiver who would like to discuss your youth's needs and progress in our programs, we encourage you to contact the Rec team as we would be happy to discuss this with you anytime.

As for program development and expansion this is the best semester ever! Adult Night Out is now offered twice a week, Tuesday and Thursday... sign up for one or both evenings. Also, if you love photography, we're now offering a photography/scrapbooking program weekly... how cool!!! Finally, for those of you parents who have wondered what to do with your teenage child on District Wide Professional Days... well we're here to help, offering day camps on 4 of the 6 Pro-D Days this school year. See page 11 for more details.

Parent Handbook!

Rec & Leisure Services Parent Handbook has all of the pertinent information you will need. All parents/caregivers of participants who access the program will receive their own copy and MUST sign the Parent Consent Form prior to the start of all Fall 2010 programs.

Payment Policy - Effective Fall 2010!

Effective fall 2010, full payment, or a payment plan with either post dated cheques, or a pre-authorized credit card form is expected PRIOR to the start of all programs on the assigned payment deadline. Attendance in programs will not be permitted if full payment or a payment plan has not been set-up. These forms will be emailed to you with your invoice/confirmation.

Refunds will not be granted for absence due to illness, and participants will not be allowed to switch days in lieu of absence. Refunds will not be given if at any time a participant requires more support than our said ratios where the family is asked to pick up their child or provide additional support to ensure the continued safety and quality of program.

Registration begins Tuesday, August 31st at 9:30 a.m. for
all 27 Fall Classes/Clubs/Trips 2010:

Registration is on a first-come first-serve basis!!!

www.semi-house-society.com

Out of School Care

After Skool Kool
Monday
Tuesday
Wednesday
Thursday
Friday

Bonus/Weekend Classes

Semi Pro Golfers
ShutterBugs Photography Club (1 Sunday/month)

Community Courses

Southridge Inclusionary Creative Expressions

Pro-Day Day Camps (ages 13 - 19)

Monday, September 27th
Friday, October 22nd
Friday, February 11th
Monday, May 30th

Trips

4th Annual Whistler Adult Getaway
Puerto Vallarta

WinterDAZE

Week #1 - Monday, December 20 - Thursday, December 23
Week #2 - Tuesday, December 28 - Thursday, December 30

Adapted Classes/Clubs

Rec & Fit
Rec Rockers (10 month program, September - June)
Boys' Night Out and Girl Power Combo
Adult Night Out - Tuesday
Arts of Africa -
(4 1/2 month program, November - March)
Sportstars
Kidz Club
Semi Famous Musical Theatre (10 month program, September - June)
Adult Night Out - Thursday
Photography & Scrapbooking
Semi Famous Players Theatre (10 month program, September - June)

Before Registering Please Review...

Frequently asked questions:

How do I register?

You may register in-person at Semiahmoo House Society or online at...
www.semi-house-society.com

When I register online where do I go and what do I do?

When you visit our web site scroll down to the bottom left hand side of the web page and click on the icon that says, “Register for Rec & Leisure Fall 2010 Programs.” When you click on this icon it will take you to the registration page. Once there, you will be asked to enter your child’s first and last name, birth date, your full name, address, phone number and email. You will then skip to the registration page where you check off which activities you are interested in signing up for. Registering for these classes and clubs does not guarantee a spot, it just lets us know that you are interested in signing up.

What if I am unavailable to access a computer at 9:30 in the morning of registration or if I am unable to come to Semiahmoo House Society to register my child?

Anyone can register your child, whether it be online or in-person.

Once I’ve filled out the registration, how do I pay?

Please note that registration does not mean that you have a space in that class/club/camp/trip. Registration simply indicates that you are interested in signing up for the indicated program. NO payment is due until you have received confirmation via email. Email will indicate if your child is registered or wait listed.

Can I pre-register my child?

To ensure fairness to all, we are unable to accept pre-registration. There are NO exceptions.

When do I find out if my child is in the classes I signed up for?

Confirmation will be sent via email no later than 4:00 p.m. September 1st.

My child has never attended Rec & Leisure before, how do I access more information?

Please contact Rec & Leisure’s Program Manager Julie Kolstrup (604-536-1242 ext. 255 or j.kolstrup@shsbc.ca) prior to registration. To ensure the suitability of our programs for your child, you must have an orientation to the program and to the Society.

Payments/Cancellation

Please note that once you are registered in the classes/clubs/camps/trips, we will accept cancellation up to and no less than 7 days prior to the start date to ensure we fill the vacant spot with someone on the wait list. No refund will be issued if you cancel within 7 days.

Illness

If your child is absent during any of our classes/clubs/camps/trips due to illness, family vacations, or other reasons, it is necessary to pay the full fee as we staff our programs according to the numbers registered.

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Fall 2010 Classes/Clubs/Trips

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Rec & Leisure's schedule at a glance....

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---------------------------------|---|------------------------------------|---|
| Shutter-Bugs Photography Club 1:00 - 7:00 *Once a month, please see pg. for specific dates | After Skool Kool 3:00 - 5:30 | After Skool Kool 3:00 - 5:30 | After Skool Kool 3:00 - 5:30 | After Skool Kool 3:00 - 5:30 | After Skool Kool 3:00 - 5:30 | Semi Pro Golfers 10:00 - 11:00 * See pg. for specific dates |
| | Rec & Fit 6:00 - 8:00 *Cooking & fitness combo! | B &G Combo.. Boys' Night Out & Girl Power 6:00 - 7:30 | Kidz Club 6:00 - 7:30 | Phot Scrap... Photography & Scrapbooking 6:00 - 8:00 | Semi Famous Players 4:00 - 6:00 | |
| | Rec Rockers 6:00 - 8:00 | Adult Night Out - #1 6:00 - 9:00 | Sportstars 6:00 - 8:00 | Adult Night Out - #2 6:00 - 9:00 | Friday Flix Drop-in 6:15 - 8:30 | |
| | | Arts of Africa 7:30 - 8:30 | Musical Theatre 7:00 - 9:00 | | | |

Once you have received an invoice/confirmation stating that you are successfully registered for your chosen program(s) you will receive a schedule with specific dates and times.

Please ensure you mark these dates on your calendar!!!

Important Dates....

Tuesday, August 31st - Registration for all Classes/Clubs/Trips at 9:30 a.m.

Wednesday, September 1st - Invoices/confirmations emailed out for registration.

Tuesday, September 7th - Schools open

Thursday, September 9th - All payments are due or your payment plan with either post dated cheques, or a pre-authorized credit card form must be submitted. Attendance in programs will not be permitted if full payment or a payment plan has not been set-up. These forms will be emailed to you with your invoice/confirmation.

Monday, September 13th - Rec & Leisure's Fall 2010 semester begins

Tuesday, September 14th - Semiahmoo House Society 16th Annual Picnic at Peace Arch Park, 11 - 3:00. see pg.17 for details

Important Dates cont'd.....

Friday, September 17th - First Friday Night Flix and the Drop-In Night - Whoohooooo!!!

Check out pg. 19 for all of the **AWESOME** listings!

Mondays, September 20 & 27, October 4, 18, 25 - Southridge Inclusionary

Creative Expressions Course. See pg. 18 for details

Sept 26, Oct 24th, November 28 and December 12th - tentative dates for

Shutter-Bugs Photography Club. See pg. 14 for details.

Monday, September 27 - Pro-Day Camp (13 - 19 years old).

All other programs are still running at the same time!!!

Monday, October 11th - Thanksgiving - NO PROGRAMS

Saturday, October 16th - NO SEMI PRO GOLF

Friday, October 22nd - Pro-Day Camp (13 - 19 years old).

All other programs are still running at the same time!!!

Friday, October 29th - Rec & Leisure's Halloween Scream Dance 7 - 9:00

Tickets on sale, Monday, October 4th... see pg. 16 for details.

Tuesday, November 2nd - Arts of Africa Class begins. See pg. 12 for details.

Thursday, November 11th - Remembrance Day - NO PROGRAMS

Friday, November 12th - NO PROGRAMS INCLUDING FRIDAY FLIX

Friday, November 12th - Sunday, November 14th - 4th Annual Adult Whistler Getaway

Saturday, November 13th - NO SEMI PRO GOLF

Thursday, December 16th - Snowball Dance @ Southridge 7:00 - 9:00

Tickets available at the door by donation.... see pg.18 for details.

Friday, December 17th - Last day of all programs including Friday Flix & the Drop-In

Monday, December 20th - Thursday, December 23rd - WinterDAZE Week #1

Tuesday, December 28th - Thursday, December 30th - WinterDAZE Week #2

Tuesday, January 4th...

REGISTRATION FOR BOTH WINTER & SPRING 2011 SEMESTERS

**SEMIAHMOO HOUSE SOCIETY
RECREATION & LEISURE SERVICES**
Fall 2010 Out of School Care

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Our service philosophy is such that 'We strive to provide a safe and fun environment that enables our participants to access the community, to express themselves creatively, learn new and exciting things, while having the opportunity to make friends!'

Summary of Costs

Great news, we are pleased to announce that our registration fees have remained the same for Winter/Spring 2010 programs. If you have any questions regarding the fee structure, please contact Program Manager Julie Kolstrup at j.kolstrup@shsbc.ca

Staff Ratio

Recreation & Leisure Services bases its prices on a 3:1 ratio in our Out of School Care programs, and a 5:1 ratio for our Adapted Classes/Clubs/Trips. Please contact us prior to registration if you feel your child requires additional support.

Out of School Care

After Skool Kool is an out of school care program that provides a safe and nurturing environment for youth with developmental disabilities between the ages of 13 - 19. The program strives to support the development of social skills, life skills, and community access through recreational, leisure and social activities. While doing this, we are ensuring that we provide a creative and enjoyable atmosphere that encourages each person to develop to their fullest potential. Among some of After Skool Kool's activities are community excursions, art, dance, games and visiting places like the SPCA and the Post Office.

After Skool Kool is offered Monday to Friday from 3:00 - 5:30 p.m. for teens ages 13 -19. After Skool Kool provides transportation from the 3 local high schools (Elgin, Earl Marriot, and Semiahmoo Secondary).

After Skool Kool is also offered for kids ages 9 - 12 on Mondays. Please note that parents/caregivers of this age group (9-12) must provide their own transportation to the program.

Where: Semiahmoo House Society

When: Monday - Friday (13 - 19); Monday only (9 - 12, & 13 - 19)

Cost:

Fall Semester:

Mon: Sept 13 - Dec 13. No Program October 11 (13 sessions - \$253.50 + \$30.42 HST = \$283.92)

Tues: Sept 14 - Dec 14. (14 sessions - \$273 + \$32.76 = \$305.76)

Wed: Sept 15 - Dec 15. (14 sessions - \$273 + \$32.76 = \$305.76)

Thurs: Sept 16 - Dec 16. No Programs November 11 (13 sessions - \$253.50 + \$30.42 HST = \$283.92)

Fri: Sept 17 - Dec 17. No Programs November 12 (13 sessions - \$253.50 + \$30.42 HST = \$283.92)

Check out your options for District Wide Professional Days....

Out of School Care continued...

District Wide Pro DAZE Camp. Parents asked and we responded... if you need care for your teenager on District Wide Professional Days, we are offering day camps 4 of the 6 Pro Days for the 2010/2011 school year.

After Skool Kool will continue to run on District Wide Professional Days. Parents may choose to put their child in the regular day 9:00 - 3:00 (\$39.00) and their fee for ASK (\$19.50) will cover the extended day until 5:30 p.m.

These day camps will be run very similarly to our very fun and exciting Summer DAZE camps. If your teen is interested in great outings and activities with their peers such as trips to the Greater Vancouver Zoo, bowling, movie theatres, the Aquarium, Science World... then this is the place for them!!! Sign up for one or all of these day camps. Space is limited and registration is based on a first-come, first-serve basis.

Ages: For youth ages 13 - 19

Staffing Ratio: 3:1. As a fundraised program, we unfortunately cannot provide a higher staffing ratio. If your child requires more staffing support, please contact the Program Manager prior to registration.

Where: Semiahmoo House Society

Time/Cost:

Regular Day 9:00 - 3:00 (\$39 + 4.68 HST = \$43.68), or Extended Day 9:00 - 5:30 (58.50 + \$7.02 = \$65.52). Our After Skool Kool Teens will join the ProDAZE Camp at 3:00 p.m.

When:

Monday, September 27th

Friday, October 22nd

Friday, February 11th

Monday, May 30th

Winter DAZE are fun filled day-camps over the winter break for teens 13 - 19. Your teen will have an exciting time going on adventurous outings around the lower mainland! You may sign up for one or both weeks!

Ages: For youth ages 13 - 19

Staffing Ratio: 3:1. As a fundraised program, we unfortunately cannot provide a higher staffing ratio. If your child requires more staffing support, please contact the Program Manager prior to registration.

Where: Semiahmoo House Society

When: 9:00 - 3:00 p.m.

When:

Week #1 - \$156 + \$18.72 HST = \$174.72 (4 days). Monday, December 20 - Thursday, December 23

Week #2 - \$156 + \$14.04 HST = \$170.04 (3 days). Tuesday, December 28 - Thursday, December 30

Classes/Clubs

Once you have received an invoice/confirmation stating that you are successfully registered for your chosen program(s) you will receive a schedule with specific dates and times.

When you receive this, please mark the awesome activities on your calendar!

Adult Night Out...now offered Tuesday AND Thursday, how cool is that???

Are you 19 or over and want to do adult oriented activities such as... pubs, casinos, bingo, shopping, card nights, movie nights, pot-lucks? Want to do these things with other adults? If yes, then Adult Night Out is the place for you to be! It is definitely a Rec & Leisure favourite!

Now offered on both Tuesday & Thursday evening, sign up for one or both nights. something on either a Tuesday or Thursday evening with others your age?

Where: Semiahmoo House Society

Ages 19 and up

when/Cost:

A #1, Tuesday evenings 6 - 9:00 p.m. Sept 14 - Dec 14.

Cost: 14 sessions - \$210 + \$25.20 HST = \$235.20

A #2, Thursday evenings, 6 - 9:00 p.m. Sept 16 - Dec 16. NO PROGRAM NOV 11TH.

Cost: 13 sessions - \$195 + \$23.40 HST = \$218.40

Arts of Africa - Another Rec & Leisure FAVOURITE! Join MaObong Oku, founder of Kokoma African Heritage Dance and Drum Ensemble who teaches the Tuesday evening classes for dancing and live drumming! This class is a huge success and a ton of fun! Prepare yourself for exciting experiences that immerse you in the rhythms, dance, art and culture of Africa. You will take part in activities rich with the arts and cultural traditions of West Africa that will provide each student with the opportunity to create and learn about African fabrics, patterns, traditional face painting and cooking. Come and celebrate Arts of Africa. This semester will be performing in the Winter Extravaganza on March 4th & 5th.

Where: Semiahmoo House Society When: Tuesday evenings 7:30 - 8:30 p.m. Ages: 13 and up

Cost: \$255 + \$30.60 HST = \$285.60

***Start date is later this year due to MaObong's availability.

Nov 2, 9, 16, 23 and 30th; December 7, 14. Closed for Winter Break and Registration. Jan 11, 18, 25; Feb 1, 8, 15
Feb 22 - Last class before performance; Wed, March 2 - Dress Rehearsal

Friday, March 4 and Saturday, March 5th - Performance nights

**SEMIAHMOO HOUSE SOCIETY
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Fall 2010 Classes/Clubs

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B & G Combo, Boys' Night Out & Girl Power Combined - Hey guys and gals... here's Boys' Night Out and Girl Power combined into an awesome program where you'll get together and head off on adventures such as geocaching, 'BIGGER & BETTER,' bowling, and driving range. You'll also have a blast having in-house karaoke and potluck evenings. Worried you won't get to hang out with either just the gals, or just the guys... well the group will be having plenty of activities where the group will be split up.... For the boys, they'll hang out and play sports, listen to music, read magazines, all while having a chance to socialize and make great friends. For the gals, they'll have a blast painting their nails, applying make-up, arts and crafts and talking about girly stuff. This is the place to have a lot of fun, go on adventurous outings and talk about cool stuff!!!

Where: Semiahmoo House Society **When:** Tuesdays, 6 - 7:30 p.m. **Ages:** 13 and up
Tuesday, Sept 14 - Dec 14

Cost: 14 sessions - \$210 + 25.20 tax = \$235.20

Rec & Fit - This is a great spin on healthy living, exercise and cooking. This program will teach and guide participants towards a healthier lifestyle both in the kitchen and by moving and shaking in a variety of physical activities in the building and in the community. Activities will include yoga, swimming, hiking, soccer, weights, dance and pilates. You'll learn how to cook healthy and hearty foods. Simple meal preparation to extravagant!!! Burn a few calories by being more active! This is an opportunity you can't miss!

Where: Semiahmoo House Society **When:** Mondays, 6 - 8:00 p.m. **Ages:** 13 and up
Monday, September 13 - December 13. NO PROGRAM OCTOBER 11th.

Cost: 13 sessions - \$182 + \$21.84 = \$203.84

Kidz Club - This is an opportunity within Recreation & Leisure Services for kids ages 9 - 12 to get together and make friends in a structured environment. The kids participate in fun and exciting activities such as scavenger hunts, arts & crafts, music therapy, and cooking. The group will periodically venture to the bowling alley and to a local gym to play sports and games!

Where: Semiahmoo House Society **When:** Wednesdays, 6 - 7:30 p.m. **Ages:** 9 - 12
Wednesday, September 15 - December 15

Cost: 14 sessions - \$168 + \$20.16 HST = \$188.16

Musical Theatre - Be sure not to miss out on our very popular theatre program! Love musicals? Love to sing and dance? From props to the set and sound, you will be involved in every aspect of this production, including being the stars! This year's Musical... 'Around the World in 80 days!'

First stop: Winter Extravaganza, March 4th! Next stop: Broadway!

Where: Semiahmoo House Society **When:** Wednesdays, 7:00 - 9:00 p.m. **Ages:** 13 and up
Wednesdays, September 15 - June 2011 (specific dates will be provided for those successfully registered)

Cost: \$350 + \$42 HST = \$392

Photoscrap... Photography and Scrapbooking Combined - If you love to take photos this is the class for you. You will learn how to take captivating photos and BONUS... you'll be creating your very own memorable scrapbook as a keepsake of your talent. The class will travel to local destinations such as the beach and parks to snap beautiful photos and work on their scrapbooks at Semiahmoo House. This is a great opportunity to enjoy one of your favourite hobbies with your peers.

Where: Semiahmoo House Society **When:** Thursdays, 6 - 8:00 p.m. **Ages:** 13 and up
Thursday September 16 - December 16. NO PROGRAMS NOVEMBER 11th

Cost: 13 sessions - \$140 + \$7.00 tax = \$147.00

**SEMAHMOO HOUSE SOCIETY
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Fall 2010 Classes/Clubs

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Rec Rockers Band! - Wanna join the coolest band around? Do you dream of playing music on stage? Do you love to rock out? Come join our Music Therapist Katherine Graff and learn how to play drums, percussion, guitar, bass and keyboards, and perform for your family and friends at the Winter Extravaganza, March 4th and 5th!

Where: Semiahmoo House Society **When:** Mondays, 6 - 8:00 p.m. **Ages:** 13 and up
Mondays, September 13 - June 2011 (specific dates will be provided for those successfully registered). **NO PROGRAM, OCTOBER 11TH!**

Cost: \$350 + \$42 HST = \$392

Semi Famous Players Theatre - Semi-Famous Players presents another Semi-Twisted Tale that takes us on a journey through magical kingdoms as we follow some familiar heroes on a quest. As they travel through Wonderland, the Enchanted Forest, Agrabah and other lands, they meet both villains and champions, and many princesses. But will they ever find *the* princess? The Semi-Famous Players turn the Coast Capital Playhouse into the happiest place on earth in 'This is Getting Grim!'

Where: Semiahmoo House Society **When:** Fridays, 4:00 - 6:00 p.m. **Ages:** 13 and up
Fridays, September 17 - June 2011 (specific dates will be provided for those successfully registered). **NO PROGRAM NOVEMBER 12TH.**

Cost: \$350 + \$42 HST = \$392

Sportstars - Are you interested in playing your favourite sports? Do you want to learn and enjoy indoor and outdoor sports such as volleyball, basketball, kickball, hockey and badminton? Participants will also get to have a splashing great time when swimming, as well as the opportunity to smash some pins at the bowling alley.

Where: Semiahmoo House Society **When:** Wednesdays, 6 - 8:00 p.m. **Ages:** 13 and up
Wednesday, September 15 - December 15.

Cost: 14 sessions - \$196 + \$23.52 HST = \$219.52

Bonus/Weekend Clubs

Semi-Pro Golfers - Here's an awesome opportunity for you to hit the greens and learn how to golf by professional instructor Dave Wright. You will focus on the fundamentals: chipping, putting, bunkers, and full swing. You will also have skills competitions throughout the semester: mini-putt, long drive, chipping and closest to the pin. This is a wonderful opportunity for you to learn the basics of golf and to enhance your game! Come join us at Birdies and Buckets and give the pro's a run for their money!

Where: Birdies and Buckets

When: Saturdays 10 - 11:00 a.m. (September 18, 25; October 2, 9, 23, 30; November 6, 20, 27; and December 4 and 11). **NO PROGRAMS OCTOBER 16 AND NOVEMBER 13.**

Cost: 11 sessions - \$165 + \$19.80 HST = \$184.80

Shutter-Bugs Photography Club - This class is offered one Sunday a month for 4 months. While venturing to places like Horseshoe Bay, Granville Island or other cool places around the lower mainland, you will learn how to take amazing photos by amazing professional photographer Eve Henry. It's a Rec & Leisure favourite, because of the teacher, friends and the fun learning! We strongly encourage beginners to sign up for Thursday evening's photography class b/c students in Shutter-Bugs are learning advanced techniques and photo editing.

Where: Semiahmoo House Society **Ages:** 13 and up

When: 1 Sunday/month. Sept 26, Oct 24th, November 28 and December 12th *tentative!

Cost: 4 sessions, \$110 + \$13.20 HST = \$123.20

Trips - OMG check these out!!!...

4th Annual Whistler Getaway for Adults (19 and up) Friday, November 12th - Sunday, November 14th

Spend 3 days, 2 nights with your friends and Wreck staff having an absolute blast swimming, hot-tubbing, dining out, eating in, walking, shopping, playing board games, watching movies, dancing at the night club, and just chillin! This is a Rec and Leisure favourite and it's where the "Rec & Leisure" chant began! Come join us for an awesome weekend away!!!

Cost: \$410 + 49.20 HST = \$459.20, includes transportation, accommodations, and your staffing support. Based on a 5:1 staffing ratio.

*Spending money is not included.

*Space is limited so sign up quickly as it's first-come, first-serve!

*This trip may be paid for over 4 equal payments, September - December.

The Melia (all-inclusive), Puerto Vallarta (16 and up) Saturday, March 19th - Saturday, March 26th

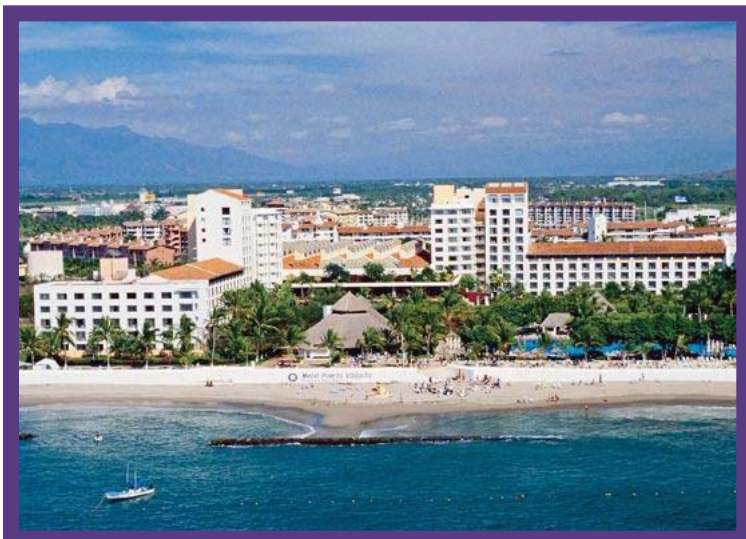
Here's your chance to completely chill out on this wonderful trip in an amazing resort & location... Puerto Vallarta. Spend 8 days, 7 nights in an all-inclusive resort where all of your meals, flight, accommodation and transfers are included. This resort has EVERYTHING from rock climbing, archery, a batting cage, yoga, a gym, a spa pool games, volleyball, and 4 amazing restaurants. This resort is located directly across from the marina where we will be walking, shopping and sight-seeing! Don't miss this once in a lifetime opportunity!!!

Cost: \$2600, includes all meals, accommodations, flight, transfers, trip cancellation and medical insurance. Based on a 5:1 ratio.

*Spending money is not included.

*Space is limited so sign up quickly as it's first-come, first-serve!

*This trip may be paid for over 10 equal payments, September - June.



Program Development

Please contact Julie Kolstrup at j.kolstrup@shsbc.ca or 604-536-1242 (ext 255) if you would like to share your ideas for future classes/clubs/camps/trips! This program is based on your wants/needs/interests, so we encourage you to voice your suggestions!!!

What else is being offered at SHS?

Rec & Leisure's Halloween Scream Dance

Friday, October 29th... 7 pm—9 pm

Tickets: \$10.

On sale Oct. 4 @ Semi House Reception or get them at the door!



Costume Prizes!

Semiahmoo House Self-Advocate Group

Self-Advocates are people who speak out for themselves and others to ensure that their rights and needs are recognized and met. At Semiahmoo House Society, we have had a Self-Advocate group for many years. We meet every fourth Tuesday of the month from 3:00 - 4:00 p.m. We talk about issues that worry us and try to come up with ideas to make life better for us. In addition, we plan fundraisers and activities such as dances for the community and other Self-Advocate members.

At this time, we are planning many fun projects to do as a group. Our goal is to create a better place for Self-Advocates and to be part of the community.

If you have any questions, or would like to join us, please contact Julie Kolstrup at 604-536-1242 (ext 255), or by email at j.kolstrup@shsbc.ca

Music Therapy with Katherine Graff, BFA & BMT

Katherine Graff is a Music Therapist, who studied at the Music Therapy Collective under Don Hardy, BMT, MTA. Katherine offers half hour and hour long Music Therapy sessions at Semiahmoo House Society. Katherine can also provide adapted music lessons in piano, guitar and voice!!!

Music Therapy helps to reach physical, psychological, and emotional goals through activities that are motivating and rewarding. Music Therapy uses a non-verbal, cross cultural communicator and no musical skill is needed to participate.

Cost: \$25 for a half hour, \$50 for a full hour. Contact Katherine directly at 778-231-5284.

A Call for Volunteers! Could this be you?

Rec & Leisure Services welcomes those in the community that would like to join in on the fun and excitement of the program. Or, do you have any special skills or talents that you would like to teach or share in any of our programs? If you are interested in volunteering, please contact Dorothy Gurney at d.gurney@shsbc.ca

**SEMAHMOO HOUSE SOCIETY
RECREATION & LEISURE SERVICES**

What else is being offered at SHS?

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*Semiahmoo House Society
invites you to our*

16th Annual Picnic!



Date: Tuesday, September 14/10
Where: Peace Arch Park
138 Peace Park Drive
Time: 11:30 am to 2:30 pm
Lunch: Served at noon



Please **RSVP** by **September 3, 2010**, with the number of people attending, to
Semiahmoo House Society, 15306 - 24th Avenue, Surrey, BC V4A 2J1

Phone - 604 536-1242

Fax - 604 536-9507

or

Email z.peden@shsbc.ca or d.brady@shsbc.ca

Please include the name of your program and total number of staff and participants attending.

Program or Guest Name: _____ # People Attending: _____



Southridge School

Inclusionary Creative Expressions Course

This is a fun opportunity for Rec & Leisure's participants to work with art and media and hang out and get to know youth from Southridge School. If you are interested in signing up for this, there will be a place to let us know on the registration page starting Tuesday, August 31st. There is no fee for this course!

Where: Southridge School

When: 4:00 - 5:30 p.m. Mondays, September 20 & 27; & October 4, 18 & 25

Snowball Dance @ Southridge... everyone welcome!

Where: Southridge School

When: 7:00 - 9:00 p.m. Thursday, December 16th

Cost: By donation at the door

Rec & Leisure Staff will be there! Transportation provided from SHS for those participating in the Thursday evening programs (Adult Night Out & Photoscrap)!

Surrey Parks & Recreation

Outreach and Support Services offers a variety of programs and support for individuals with disabilities to get involved and take part in an active and healthy lifestyle.

Check out some of our services!

- Specialized programs for children, youth and adults;
- One to one support staff for recreation and leisure programs;
- Volunteer opportunities with the SPIRIT Volunteer Program;
- Volunteer support for recreation and leisure programs;
- Resources and referral services.



www.outreach.surrey.ca

Sources Life Skills Resource Centre

Wednesday, October 6th - "Community Talent Show 2010" (7:30 - 10:00) Surrey Arts Centre.

Thursday October 28th - "Halloween Dance" (6:00 - 9:00) at the Millennium Hall

Thursday, December 16th - "Winter Dance" (6:00 - 9:00) at the Millennium Hall

If you want to be part of these exciting events, please call Sources at 604-592-5599.

You can learn more about Events Unlimited by visiting: www.pacseventsunlimited.com

**SEMAIHMUO HOUSE SOCIETY
RECREATION & LEISURE SERVICES**
Friday Night Flix & the Drop-In

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IMPORTANT INFORMATION

No registration is required to attend movie night. Admission is \$5 and this includes a bag of chips and a drink. Pizza is \$2.00/slice.

What's it all about?

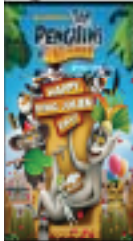
From 6:15-8:30 p.m. every Friday, drop by for a movie, game of bingo, or just to hang out with friends! This is a casual, relaxed night for all to enjoy!

Details...

Ages: 12 to adult
Where: Semiahmoo House Society
When: Friday nights 6:15 - 8:30pm
Movie starts approx. 7:00 p.m.
Cost: \$5



Sept. 17—Diary of a Wimpy Kid
Greg Heffley is headed for big things, but first he has to survive the scariest, most humiliating experience of any kid's life - middle school! (PG; 92 min)



Sept. 24—Penguins of Madagascar
The zoo celebrates 'King Julien Day'; Jungle Law means Julien is Jungle King; Julien steals a helmet that makes anything you think happen; Julien meets an angry kangaroo; A sick Julien leaves Maurice in charge; Julien tries to befriend the Penguins; Julien loses his crown; and Julien gets jealous of plush Morte dolls. (G; 88 min)



Oct. 1—Percy Jackson/Lightning Thief
Percy Jackson is no ordinary teenager...he's just learned he's the son of Poseidon and is accused of stealing Zeus' -lightning bolt - the most powerful weapon ever created! (PG; 120 min)



Oct. 8- The Last Song
An estranged father living in a small Southern beach town gets a chance to spend the summer with his reluctant teenage daughter, who would rather be home in New York. He tries to connect with her through the only thing they have in common - music. (G; 107 min)



Oct 15—Furry Vengeance
A real estate developer moves his family from Chicago to Oregon when his job calls for him to oversee the building of a major housing development. Animals seek revenge by turning a peaceful cul-de-sac under construction into a battlefield of epic proportions. It's man versus nature and the fur is gonna fly! (G; 92 min)



Oct. 22—Marmaduke
When Marmaduke moves to a new neighborhood with his family, the super-sized teenage dog soon discovers he just doesn't fit in - literally! But, with the help of his best pal Carlos the Cat and some newfound four-legged friends, Marmaduke may just get out of the doghouse. (G; 88 min)

October 29:



7 pm—9 pm

Tickets: \$10 on sale Oct. 4 @ Semi House Reception
Costume Prizes!



Nov. 5— Camp Rock 2
Mitchie can't wait to go back to Camp Rock and spend the summer making new music with her friends and superstar Shane Gray. But the slick new comp across the lake, Camp Star, has drummed up some serious competition -- featuring newcomers Luka and Dona. (G; 97 min)



No Friday Flix November 12



Nov. 19— Snow White
After being banished to the forest by her evil stepmother, Snow White attempts to make a home for herself with her new friends the dwarfs, and avoid the evil plans that her jealous stepmother has for her. (G; 87 min)

Listings for Nov. 26 and Dec. 3, 10 and 17 will be available Nov. 19 online at www.semi-house-society.com/friday-flix.html and as a hand-out. Last Friday Flix is Dec. 17 and we will start up again Jan. 14!

SEMAHMOO HOUSE SOCIETY RECREATION & LEISURE SERVICES

More Awesome Photos...

